

Appendix 1 General Advertisement in the forums

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ENDOMETRIOSIS STUDY

Request made with the approval of the administrator.

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The study is about the how persons with endometriosis experienced their health after dietary changes.

Endometriosis, a chronic gynecological disease, affects about 10% of people with female genitalia in childbearing age. The treatment currently available is aimed at reducing symptoms, preventing progression and recurrence of the disease and, if possible, improving fertility. Today's treatment, hormonal and / or surgical treatment is not always effective for all people with endometriosis and many often experience symptoms after completed treatment. The diet and its composition are important for health and can both promote good health and prevent disease. It appears that people with endometriosis use complementary or alternative treatments, for example, dietary changes to improve one's health. This study aims to explore the experience of health following dietary changes in people with endometriosis. You are hereby invited to this interview study to share how you experience health following dietary changes in endometriosis. To participate you need to be 18 years of age and have the diagnosis of endometriosis prescribed by a doctor. The study is about dietary changes and experience of health in endometriosis and therefore you must not have the diagnoses diabetes, celiac disease or inflammatory bowel disease (Crohn's disease, Ulcerative colitis). Participation in the study is completely voluntary and you have the opportunity to cancel your participation at any time. Your answers and your results will be processed so that unauthorized persons cannot access them. Research data will be stored for at least 10 years to allow for review of the material, even if you cancel your participation. No financial compensation will be paid.

Jenny Vennberg Karlsson is conducting the study and is a legitimate midwife and works in primary care in Västra Götaland. The interview study is part of my master's thesis / master in reproductive and perinatal health at the University of Gothenburg. The supervisor responsible for the study is my supervisor Åsa Premberg, a qualified midwife and university lecturer.

If you have any further questions regarding this study or are interested in participating in the study, you are most welcome to contact the project manager.

Sincerely
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